



# Cheesy Country Grits

## Serves 2

### Ingredients

1 cup water

1 cup cream

1/4 tsp baking soda

1/2 cup grits

2 Tbsp Butter

Pinch of mild cheddar cheese

Pinch of Daddy B's Southern Blend seasoning (*add more to taste*)

*Optional: add crisp bacon or grilled shrimp to the top*

### Cooking Directions:

1. Pour the liquid into a 2 quart saucepan with high sides and add baking soda
2. Bring to a boil, as soon as it starts to boil add grits slowly
3. Turn down heat to lowest setting and stir down foam
4. When it stops foaming, cover and let sit for 20 minutes, stirring often
5. Add the butter, Southern Blend and cheese and stir until melted
6. Remove from heat and serve warm